"我要论到耶和华说:'祂是我的避难所,我的山寨,是我的神,是我所倚靠的。'" —— 诗篇 91:2

嗨,孩子们!今天让我们来谈谈,对于我们来说很珍贵的、我们很在意的东西。 例如,我相信我们中的很多小朋友都还记得,在我们很小的时候我们随身所携带的布 娃娃或小毛毯。对于你来说它是如此珍贵,以至于无论你走到哪里你都要把它紧紧地 抱在怀里。且不管它变得多旧或多脏,它都是你的,你不让任何人把它从你身上拿走, 甚至是拿去清洗都不可以!现在你长大了,上学了,我相信你所看重的东西已经有所 改变。现在你所看重的东西可能是你所收藏的限量版游戏卡,或者是你的个人日记, 里面写有你所有的私人感受和想法,又或者是你所省下的钱,为了给你所爱的人购买 特别的礼物。不管它是什么,相信你不会只是让它搁在一旁,你会将它保存在抽屉里 或是你认为安全的地方,保护它不被损坏或者被盗窃!



你知道吗?大人也是跟你一样这么做的。对于我们来说,有价值的东西要得到特别的看顾和保护。例如,一条普通项链可以随便放在家中的抽屉里,但如果是由黄金或钻石制成的昂贵项链就不一样了。像这样珍贵的东西需要额外的特别保护!如果它对我们来说真的非常珍贵的话,我们会更加保护它,我们会把它锁在银行的金库里,那里的墙很厚,很安全,不会被小偷或强盗偷走,也不会被火灾或水灾损坏。对我们来说越珍贵的东西,我们越是保护它以确保它万无一失!



现在我们知道了这一点,让我们来谈谈我们自己是如何备受保护和安全的。首先, 让我们弄清楚这个真相: 就是我们在阿爸天父的眼中有多宝贵? 答案在圣经的约翰福 音 3 章 16 节: "神爱世人,甚至将祂的独生子赐给他们,叫一切信祂的不至灭亡, 反得永生。"如果你想知道天父有多爱你,请仔细思考这节经文。天父不是一般地爱 你,祂是非常地爱你,以至祂差遣祂所爱的儿子耶稣来拯救你脱离罪恶和死亡。这意 味着在天父的眼中,你对祂来说是如此的宝贵,你的价值等同于耶稣的生命! 好消息 是,当天父想到"宝贵"的东西时,祂想到的不是钻石、黄金或白银,而是想到你和 我,你我在祂眼中是如此的"宝贵"!



那么,阿爸天父是如何保护祂宝贝的孩子们呢?——祂是将我们放在超级安全的地方,使得危险和伤害不会靠近我们。你能猜出这个安全的地方在哪里吗?是银行金库吗?当然不是 ②!想要知道这个超级安全的地方在哪里,就让我们来看看 诗篇 91 篇第 1 节的经文:

"住在至高者隐密处的,必住在全能者的荫 下。"



这个秘密的地方在哪里?原来是在我们全能天父的庇荫之下。

想要在某人的阴影下,你就必须要紧紧地靠近他。当我们发现,我们的避难所和 安全之地就是停留在奇妙的天父身边时,这真是太棒了!就像小孩躲在所信任的成年 人身后一样,我们可以在我们大能的天父爸爸身边找到我们的所有保护和安全。





这就是为什么我们可以坦然无惧地宣告接下来 的<u>第 2 节</u>经文: 我要论到耶和华说: "祂是我的避 难所,我的山寨,是我的神,是我所倚靠的。" 今 天,让我们通过朗读诗篇 91 篇中所有保护的应许, 安息在天父对我们的爱中。 当我们朗读这首诗篇的 其余部分时,请感受这些经文的力量,相信神的话 语,并用"阿门"来为自己宣告领取这些经文里的 应许和保护。





你准备好了吗?让我们继续朗读经文第3-6节:

"祂必救你脱离捕鸟人的网罗和毒害的瘟疫。

祂必用祂的翎羽遮蔽你,你要投靠在祂的翅膀底下。祂的信实是你大小的盾牌。 你必不怕黑夜的惊骇,或是白日飞的箭;

也不怕黑夜行的瘟疫,或是午间灭人的毒病。"



依偎在天父的身边对于我们来说就是最安全的地方,这不是很棒吗?

让我们继续一起朗读接下来的几节经文, 第7-12节:

"虽有千人扑倒在你旁边,万人扑倒在你右边,这灾却不得临近你。

你惟亲眼观看,见恶人遭报。

耶和华是我的避难所,你已将至高者当你的居所。



祸害必不临近你,灾害也不挨近你的帐棚。

因祂要吩咐祂的使者,在你所行的一切道路上保护你。

他们要用手托着你,免得你的脚碰在石头上。"

是不是很神奇?因为天父是如此爱我们,我们有祂的天使在看顾我们,在我们所行的 一切路上站岗保护我们。 下面请看<u>第13节</u>, "你要踹在狮子和虺蛇的身上, 践踏少壮狮子和大蛇。"

踩踏狮子和虺蛇?狮子和虺蛇可是非常危险的动物?我们可不想靠近它们。那么这节经文到底告诉我们什么呢?原来圣经是在为我们描绘了一幅强有力的画面,以帮助我们看到——即使有危险和攻击来临,它们也不会打败我们。当我们亲近天父时, 祂就会给我们力量来战胜它们!阿门!



接下来我们来分享一个见证,就是我们其中一位主日学老师和她的家人自驾游去 度假时所发生的事。他们刚好遇上下雨天,路面又湿又滑。突然,他们的车子毫无预 兆地开始打滑旋转,每个人都害怕地尖叫起来,但这时车里的妈妈在喊叫:"耶稣!" 由于路面太湿滑,以至车子滑出了路面,沿着斜坡滑下去了好几米,直到撞到一棵小 树时才停了下来。

下车后,他们奇迹般地 看到,没有一个人受伤!当 他们站在那里想下一步该做 什么时,这时有一个男人从 斜坡上下来,帮助他们把车 沿着陡峭的斜坡往上推,一 直推回到路面上。令他们惊 讶的是,他们的车还能正常 开动行驶!当他们转过身来 向那位帮助他们的男人表示 感谢时,那个人已不见了踪 迹。

他们驱车启程继续前 行,每个人都想知道帮助他 们的那个人是谁?他是从哪 里来的呢?他又到哪里去了吗 合知道"四四回答说"



里来的呢?他又到哪里去了呢?"他是天使吗?"其中一个孩子问道。"我们永远不 会知道,"妈妈回答说,"我只知道当我们向耶稣呼求时,祂会保护我们,并为我们 提供所有需要的帮助!" 我们属于一位非常良善的神。因为衪爱我们,因为我们对祂来说是如此的宝贵, 我们的神不仅仅是守护和保护,祂还拯救我们,并在我们呼唤祂时来到我们身边。请 看诗篇 91 接下来<u>第 14 - 16 节</u>的经文:

神说: "因为他专心爱我,我就要搭救他;因为他知道我的名,我要把他安置在高处。 他若求告我,我就应允他;他在急难中,我要与他同在;我要搭救他,使他尊贵。 我要使他足享长寿、将我的救恩显明给他。"

| | | SODE Land |
|------------------------------|------------------------------------|---------------------|
| Psalm 91:14 | Psalm 91:15 | Psalm 91:15 |
| "Because he has set his love | He shall call upon Me, and | With long life |
| upon Me, therefore I will | L will answer him; | I will satisfy him, |
| deliver him; I will set him | I will be with him in trouble; | And show him |
| on high, because he has | (I will deliver him and honor him. | My salvation." |
| known My name. | | |
| | | |
| known My name, | iver him and honor him. | salvation," |

在所有这些经文中,我们良善的神说: "我要!我要……我要!"祂要带给我们所有的这些保护、帮助和拯救。而我们所要做的就是去亲近祂。

当我们相信慈爱的天父对我们的应许时,我们就得以亲近祂。当我们相信祂所说 的祂一定会做的时候,我们就很容易信靠祂并安息在祂对我们的爱中。所以,当坏消 息传来时,不要独自面对你的忧虑或恐惧,只会一味的说:"哦糟了,哦糟了,哦糟 了!"而是要跑向天父那里,相信祂会帮助你、保护你并守护你的安全。现在我们对 主说:"你是我的避难所,我的山寨,是我的神,是我所倚靠的。"所有孩子们一起 大声说"阿门!"



孩子们,如果你正在听这个故事,你从来没有邀请耶稣进入你的生命,成为你的 主和救主,你现在可以这样做,跟着我重复这个祷告:"亲爱的主耶稣,感谢你为我 死在十字架上。你是神的儿子,你死了,也被埋葬,第三天又复活了。你宝血洗去了 我所有的罪,使我得以永远与阿爸天父在一起。我请求你现在进入我的生命里,成为 我的主和救主,我永远是个义人,永远是有福的,永远是神的孩子。奉耶稣的名,阿 门!"

PROTECTED AND SAFE

I will say of the LORD, "He is my refuge and my fortress; My God, in Him I will trust." – Psalms 91:2, NKJV

Hey Rock Kidz, today let's talk about the things that are precious to us because we care a lot about them. For instance, I'm sure quite a few of us remember that soft toy or blankie that we carry around with us when we were really little. It was so precious that you held it close to you everywhere you went. It didn't matter how old or grubby it got, it was yours and no one could take it away from you, not even to get it washed! Now that you're older and in school, I'm sure that things that you value have changed. May be now it's your collection of limited-edition game cards or your personal diary where you write all your private feelings and thoughts. Or maybe it's the money you're saving to get that special gift for someone you love. Whatever it is, you don't just leave it lying around. No, you keep it somewhere safe where it won't get damaged or stolen!

Did you know that adults are the same? The things that are valuable to us get special care and protection. For example, a regular necklace may be kept in a drawer at home, but not an expensive one made of gold and diamonds. No, something as valuable and precious as this needs extra special protection! And if it's really, really precious to us, we guard it even more. We kept it locked up in a bank vault where the walls are so thick and so safe it cannot be stolen by thieves and robbers, or damaged by fire or water. The more precious something is to us, the more we guard it to keep it safe!

Now that we know this, let's talk about how protected and safe we are. Let's start with finding out the truth about how precious we are to our Daddy God. To do this, let's look at John 3:16 it says, **"For God so loved the world that He gave His only begotten Son, that whoever believe in Him should not perish but have everlasting life."** If you ever wonder how much God really loves you, think about this verse. Not only does Daddy God love you, He loves you so much. He sent His darling Son Jesus to save you from sin and death. This means that in Daddy God's eyes, you are so precious to Him, you are worth the life of His Son, Jesus. The wonderful news is that when Daddy God thinks about "precious", He doesn't think about diamonds or gold or silver. When Daddy God thinks about what is precious to Him, He thinks about you and me. We are precious in His sight.

So how does Daddy God protect His precious children? By keeping us in a super safe place where danger and harm cannot come near us. Can you guess where this safe place is? A bank vault? No, that's not be the answer! To find out where this super safe place is, let's look at

Psalm 91, **"He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty."** Where is this secret place? Under the shadow of the Almighty God.

To be under someone's shadow, you need to get real close. How awesome for us to find out that our place of safety and protection is found close to our amazing God. Just like the little kid who hides behind the adult she trusts, we can find all the protection and safety we need close to our big and mighty Daddy God.

This is why we can say verse 2 with boldness and confidence, **"I will say of the Lord, He is my refuge and my fortress; My God, in Him, I will trust."** Today, let's just rest in our Daddy God's love for us by reading all the promises of protection found in Psalm 91. As I read out the rest of this Psalm, enjoy the verse, believe what the word of God says and claim them for yourselves with an "Amen".

Ready? Here we go. "Surely He shall deliver you from the snare of the fowler and from the perilous pestilence. He shall cover you with His feathers, and under His wings you shall take refuge; His ruth shall be your shield and bucker. You shall not be afraid of the terror by nights, nor of the arrow that flies by day, nor of the pestilence that walks in darkness, nor of the destruction that lays waste at noonday." Isn't it wonderful that the safest place for us is to snuggle up close to our Daddy God?

Let's read the next few verses together, read them aloud with me. Psalms 91: 7, **"A thousand** may fall at your side, and ten thousand at your right hand; but it shall not come near you. Only with your eyes shall you look, and see the reward of the wicked. Because you have made the Lord, who is my refuge, even the Most High, your dwelling please. No evil shall befall you, nor shall any plague come near your dwelling; For He shall gives His angels charge over you, to keep you in all your ways. In their hands they shall bear you up, lest you dash your foot against a stone." Isn't it that amazing? Because He loves us so much, we have Daddy God's angels watching over us. Standing guard to protect us in all our ways.

And look at verse 13, **"You shall tread upon the lion and the cobra, the young lion and the serpent you shall trample underfoot."** Step on the lion and the cobra? Lions and cobras are dangerous creatures? We don't want to go near them. So what is this verse really telling us? Well the Bible is painting us a powerful picture, to help us see that even when danger and attacks come, they won't defeat us. Close to our God, He will give us the power to overcome them. Amen!

Let me tell you what happened to one of our Rock Kidz teachers when she and her family on a driving holiday. It was raining and the roads were wet and slippery. Suddenly, without any warning, that car skidded and spun around. Everyone screamed with fear, but the mom cried out, "Jesus!" the car spun off the road and slid a few meters down a slope, stopping only when it hit a small tree.

When they all got out of their car, they saw that miraculously, none of them were hurt! As they stood there wondering what to do next, a man come down the slope and helped them push their car up the steep slope back onto the road. To their amazement, their car still worked! When they turned around to thank the man who had helped them, he was nowhere to be found.

As they drove off and went on their way, everyone wondered about the man who helped them. Where did he come from and where did he go? "Was he an angel?" one of the kids asked. "We'll never know," the mom answered, "All I know is when we cry out to Jesus, He protects us and send us all the help we need."

We belong to a good, good God. Because He loves us because we are so precious to Him, our God does more than just guard and protect, He rescues us and comes to us when we call. The rest of psalm 91 says, **"Because He has set His love upon Me, therefore I will deliver him, I will set him on high; because he has known my name. He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him. With long life I will satisfy him and show him My salvation."** In all these verses, our good, good God says, "I will! I will ... I will!" He will do all the protecting, the helping and the saving. All we have to do is to stay close to Him.

We stay close to our loving Daddy God when we believe His promises for us. When we believe that whatever He says, He will surely do, it is easy for us to trust Him and rest in His love for us. So, when bad news comes your way, don't face your worries or fears all by yourself and say, "Oh no, oh no, oh no!" run to Daddy God. Trust Him to help you and protect you and keep you safe. Say of the Lord, **"You are my refuge and my fortress, My God, in You I will trust." And all the Rock Kidz say a big "Amen!"**

Hey Rock Kidz, if you are listening to this story and you've never asked Jesus to come into your life to be your Lord and Saviour, you can do so now. Just repeat this prayer after me, "Dear Lord Jesus, thank You for dying on the cross for me. You are the Son of God, who died, was buried and on the third day, you rose again. Your precious blood washed away all my sins making me forever right with Daddy God. I ask You now to come into my life to be my Lord and Saviour. I am forever righteous, forever blessed, forever a child of God. In Jesus'name," and everyone say, "Amen."